



Where Can you find us?



**13 Good Shepherd Avenue, Pennywell Rd,
Limerick, V94 DC44
061 414150
www.bergerietrust.ie**

Pennywell Day Centre, Limerick

Enriching peoples lives

Open Morning, 23 November, 2022



Contact our Day Centre Manager Geraldine Tuite
at pennywelldaycare@bergerietrust.ie

Operating times?

Monday to Wednesday excluding bank
holidays from 10.30am to 2.30pm

Our Day Centre service users can avail of a mini-bus service which will bring the service users safely to and from their home. Service users with mobility issues can utilise the specially adapted vehicle catering for mobility devices and wheelchairs.



Who we are

Located in the heart of Limerick City on Pennywell Road our Day Centre caters for the Older Citizens in our community. Since it opened in the mid 1990's the Day Centre has provided a broad range of activities and events to our service users over that time, giving them the opportunity to socialise with others, engage in interesting and fun activities, whilst learning or developing new skills.

What are our aims?



Develop and foster a sense of community and belonging

Deliver knowledge and information specifically to the age cohort we cater for

Improve ageing and health prospects amongst our service users

Provide stable nutritious meals to our service users

Provide entertainment and fun activities which engage the service users adding to their sense of well-being

Pennywell Day Centre offer a free day trial allowing you to experience a full day at our centre. You can get to meet our clients and staff and experience it for yourself!



Our Services and Activities



The Day Centre operates on a 3 day per week basis, supporting the needs of the older citizen in Limerick city and environs.

We provide a wide a wide range of activities focused on enriching the daily lives of our service users. This includes basic health information on elderly focused topics, such as chiropody, nutrition, personal hygiene and care, age-appropriate exercise, agility and flexibility.

We focus on providing entertaining and engaging activities such as sing-songs, crafts, painting and art, knitting, storytelling, card playing, quizzes and many many more activities.

We offer a catering service for DAY CENTRE service users which provides a hot beverage and snack on arrival and a 4-course meal to all service users at lunch time.



Service users who have mobility issues are catered for by assistance from the Health Care assistant and Community Enterprise scheme participants. We engage volunteers to assist in the activities and service delivery where appropriate.

Our Winning Team



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